

Trainingsaufgabe 11.09.2010

Querbball mit Schnitt
und Langball

Talente D-Kader C/D-Kader C-Kader

Sarah

| | | | | | | | | | |
|---|---|---|---|---|---|----|---|---|----|
| 3 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 |
| 1 | | | | | 1 | 1 | | | |
| 2 | | | | | 4 | -3 | | | |
| 6 | 4 | 3 | 3 | 3 | 8 | 2 | 4 | 4 | 4 |
| | | | | | | | | | 41 |

Max

| | | | | | | | | | |
|---|---|----|---|---|---|---|---|---|----|
| 5 | 3 | 5 | 5 | 3 | 2 | 3 | 3 | 2 | 3 |
| 1 | | 1 | | | 1 | | | | 1 |
| | | 4 | | | 1 | | | | 2 |
| 6 | 6 | 10 | 5 | 3 | 4 | 3 | 3 | 2 | 6 |
| | | | | | | | | | 48 |

Manuel

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| 4 | 2 | 3 | 1 | 2 | 2 | 2 | 4 | 1 | 2 |
| | 1 | | | | | | 1 | | 1 |
| | 2 | | | | | | 4 | | -4 |
| 4 | 5 | 3 | 1 | 2 | 2 | 2 | 9 | 1 | -1 |
| | | | | | | | | | 28 |

Steffi

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| 2 | 2 | 1 | 4 | 3 | 2 | 2 | 3 | 5 | 4 |
| | | | | | | | | | |
| 2 | 2 | 1 | 4 | 3 | 2 | 2 | 3 | 5 | 4 |
| | | | | | | | | | 28 |

Felix

| | | | | | | | | | |
|----|---|----|---|---|---|---|---|---|----|
| 3 | 3 | 4 | 3 | 1 | 2 | 4 | 3 | 3 | 4 |
| 1 | | 1 | | 1 | | 1 | | | |
| -5 | | -2 | | 2 | | | | | |
| -1 | 3 | 3 | 3 | 4 | 2 | 5 | 3 | 3 | 4 |
| | | | | | | | | | 29 |

Johannes

| | | | | | | | | | |
|---|---|----|---|----|---|---|---|---|----|
| 2 | 2 | 2 | 3 | -4 | 2 | 2 | 2 | 4 | 3 |
| 1 | 1 | 1 | | | | | | 1 | |
| 1 | 2 | -3 | | | | | | 0 | |
| 4 | 5 | 0 | 3 | -4 | 2 | 2 | 2 | 5 | 3 |
| | | | | | | | | | 22 |

Julia

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|
| 3 | 0 | 0 | 0 | 3 | 0 | 3 | 0 | 3 | 3 |
| | 0 | 0 | 0 | 0 | 0 | 3 | 0 | 0 | 3 |
| | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 |
| 3 | 1 | 0 | 0 | 3 | 0 | 6 | 0 | 3 | 7 |
| | | | | | | | | | 23 |

Ergebnisse 100 Stoß

| | Ziel | Ist | Differenz |
|----------|------|-----|-----------|
| | | | |
| Sarah | 150 | 135 | -15 |
| | | | |
| Stefanie | 150 | 144 | -6 |
| | | | |
| Max | 230 | 199 | -31 |
| | | | |
| Johannes | 190 | 194 | 4 |
| | | | |
| Manuel | 190 | 153 | -37 |
| | | | |
| Felix | 110 | 122 | 12 |
| | | | |
| Julia | 30 | 14 | -16 |
| | | | |